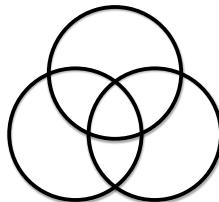


# **BREAKTHROUGH FOR CHRONIC FATIGUE SYNDROME, M.E. AND FIBROMYALGIA**

**HOW NEUROBIOLOGY AND EPIGENETICS  
POINT THE WAY TO RECOVERY**

**VOLUME 2  
RECOVERY FROM  
CHRONIC NEUROSOMATIC ILLNESS**



**Judith Maizels, PhD., MBHMA**

**with**  
**Fiona Adamson**  
**M.Litt., Adv. Dip. Psych., MBACP**

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